

### **Article 1 Organization:**

The « GRAND RAID » (association law 1901) organizes Reunion island the « Grand Raid » commonly called "The Diagonale des Fous", the Trail of Bourbon, the Mascareignes and the "Zembrocal Trail".

### **Article 2 Definition of events:**

**A)** The « **Diagonale des Fous** » is an Ultra Trail in semi-autonomy, crossing the island from the South to the North.

In order to participate, the runners must prove that they have completed, in a specific period by specific conditions (available on the association's website) two fully pedestrian races in a single stage, each awarding at least 85 points. By considering the following count: 1km = 1pt and 100m of D + = 1pt .- (eg a trail of 60km long and 2500D + is worth  $60 + 25 = 85$  points)

**B)** The « **Trail de Bourbon** » is an Ultra Trail in semi-autonomy.

In order to participate, the runners must prove that they have completed, in a specific period by specific conditions (available on the association's website), a 100% pedestrian race in a single step, awarding at least 75 points according to the count Next: 1km = 1pt and 100m of D + = 1pt .- (for example a trail of 50km long and 2500D + is worth  $50 + 25 = 75$  points)

**C)** The « **Mascareignes** » is a Trail in semi-autonomy.

These three events take place in one step at the speed of each, taking into account the time barriers showing in the road-book and available online.

**D)** The « **Zembrocal Trail** » is a semi-autonomous Trail relay.

Each team is composed of 4 relayers.

The maximum time for each event is specified in a table of hourly barriers available on-line and included in the book log. The runners will not be classified beyond these deadlines and will be out of race. They cannot claim to benefit the assistance set up by the Organization, which declines any responsibility for the consequences that could result from it.

### **Article 3 General Terms and Conditions:**

All runners undertake to submit themselves without reservation to this regulation by the mere fact of their registration and release the responsibility of the organizers for any incident or accident that may occur due to the non-respect of this one.

### **Article 4 Conditions of participation:**

All these events are reserved for the trained and in good physical condition, fully aware of the difficulty and the specificity of each test.

Runners will be faced with extreme mountain conditions and weather and climate variations.

For « La Diagonale des Fous », the « Trail de Bourbon », the « Mascareignes » and the « Zembrocal Trail » is admitted as a runner, any person of both sexes, aged 20 years on the day of the start of the race in which he wishes to participate.

In order to validate his registration, each runner insured to participate in one of the events must:

- Adhere to the registration form, validate online registration, and pay the related fees.
- Provide a medical certificate (model provided by the Organization) attesting to the runner's fitness for the event (prolonged and intense efforts at altitude) completed and returned to the Organization, imperatively on the dates appearing on it or on our website.

The race bib number will only be issued once the Organization will receive and validation the certificate, as well as the verification of the points awarded according to the racing requirements.

At the time of the delivery of the race bib, each race bib will be given individually to each runner against the presentation of an ID (with photo).

The Association reserves the right to refuse the registration of a runners to whom a disqualifying sanction would have been imposed in an earlier edition or for any other serious reason.

Apart from the waiting lists (according to the established order), no withdrawal will give rise to a replacement, with the impossibility of switching from one race to another.

For the « Zembrocal Trail » it is permitted, on the proposal of the team's captain, to replace the withdrawal of one of his teammates until the date indicated in the special conditions.

The participation of the dogs passes by a declaration of its owner submitted to the approval of the organizer, under the entire responsibility of their owner, and on presentation of an up-to-date health book.

Their number is limited to 5 per race. The departure of the master and his dog will be made last and the animal will be kept on a leash. The registration fee will be paid in addition to the teacher's registration.

#### **Article 5 Categories of runners and rankings:**

**5.1.** All participants of « La Diagonale des fous », the « Trail de Bourbon » and the « Mascareignes » are grouped into one of the 6 age categories (Men and Women) listed in the table below:

- 1- Hope Men and Women (ESPH - ESPF) 20 and 21 years old
- 2- Senior Men and Women (SH - SF) 22 to 39 years
- 3- Master 1 Men and Women (M1H - M1F) 40 to 49 years old
- 4- Master 2 Men and Women (M2H - M2F) 50 to 59 years old
- 5- Master 3 Men and Women (M3H - M3F) 60 to 69 years old
- 6- Master 4 Men and Women (M4H - M4F) 70+

To define the age category, the calendar year is taken into account.

Expected rankings: In addition to these rankings, « La Diagonale des Fous », the « Trail de Bourbon » and the « Mascareignes » have the following classifications:

\* Individual: Scratch Men's and Women's Scratch.

\* Team of 3 runners minimum, Men or Women (no mixed team possible) with a team ranking according to the total points (according to the general scratch classification) obtained by the first 3 members of the team to cross the finishing line.

In case of two runners have the same level, the teams will be divided according to the scratch classification of each first of each team.

The team ranking allows Scratch Men or Women rankings and Men or Women age categories.

In order for a team to be ranked, at least 3 members of the team must have crossed the finish line.

## **5.2. "Zembrocal Trail"**

1-Team Men,

2-Women Team,

3-Mixed Team.

The time of each runner, or team (for the "Zembrocal Trail") will be broken down into hours, minutes and seconds.

The Organization's chronometer will be the only official reference.

In the event of two runners arrive in the same time, the advantage will be given to the oldest who can waive it, being reminded that only one reward will be awarded for this position.

Check-in at the finish will allow the timekeepers to establish the classifications of the event.

## **Article 6 Equipment provided by the Organization:**

Race bib, T-shirt, Saharan cap, tank top (the latter only for « La Diagonale des Fous »), electronic chips, identification bracelet and assistance bags depending on the race.

## **Article 7 Spotlights of Partners:**

Runners are not permitted to wear a Tee shirt or tank top other than that the one provided by the Association from the departure to the second checkpoint and from the penultimate checkpoint to the finish line. Out of these portions of the event, runners are allowed to wear a tee shirt or tank top of their choices.

Any breach will be sanctioned (see article 17)

## **Article 8 Checks at the start and during the race:**

During registering at the start, the runner will have to spontaneously present his race bib affixed front and at the height of the belt.

The race bib in its entirety must be worn exclusively on the chest or belly and must be visible permanently and completely throughout the race.

The systematic inspection of the compulsory equipment (see Article 16) shall be carried out at the start of each race in order to check whether each runner possesses the obligatory equipment referred to in Article 16. No one may participate if he don't have all the required equipment.

An unexpected control of the compulsory equipment by the race director, his deputies and the race marshals may also be carried out at any time during the event.

#### **Article 9 Control posts:**

Checkpoints are set up along the course and are compulsory scoring sites for runners. The electronic scoring is done by means of chips provided and placed by the organization.

The organization reserves the right to have control posts not included in the list of official posts.

To be allowed to continue the event on which they are registered, runners must leave control posts before the set time (regardless of the time of arrival at the checkpoint). Otherwise they will be disqualified with the obligation to return the race bib. The continuation of the event will be under his full responsibility, in complete autonomy and without being able to cross the finish line.

In the case of the « Zembrocal Trail », the team may only be classified if all the team member arrive in the following positions in the order that will be pre-established before departure and within the time limits specified in the journey log , It being understood that at each score, the two team member (arriving and leaving) must present their race bibs together.

Any team number who has not covered the part of the relay which was devolved to him within the time limit set for him will necessarily be excluded from the « Zembrocal Trail » and consequently the rest of the team.

#### **Article 10 Abandonment:**

In the event of abandonment, the runner must inform the manager of the nearest checkpoint and give him his number so that it is neutralized.

Failing this, the Organization declines all responsibility for the consequences that may result (initiation of research...) and on the other hand, the Organization reserves the right to refuse registration of the rider for the subsequent editions.

#### **Article 11: Table descriptions of the races**

The table of the time barriers is available to runners when distributing the race bibs and on the Association's website. It includes practical information such as opening and closing hours of the checkpoints, medical assistance, etc.

This description may be modified by the Organization in the light of the circumstances.

#### **Article 12 Rescue and Medical Assistance:**

A multidisciplinary medical team, set up by the Organization, will be present throughout the duration of the events. It will provide the medical assistance of the runners to the checkpoints listed in the book log and on the website. It shall notify the Race Director or his Deputy without delay of the runner's inability to continue the event, which shall decide whether to keep the runner in the event.

Each runner agrees at the time of registration to notify the Association in writing of the use of a prescription subject to a Therapeutic Use Exemption (TUE).

The emergency stations are only intended to assist any person in difficulty.

It is up to a runner in difficulty or seriously injured to call for help:

- by going in person to a rescue post
- by calling the number indicated on his race bib
- by asking another runner to inform the rescue

Each runner must assist any person in difficulty and prevent relief.

A runner calling the medical or paramedical corps or a rescuer subordinates himself to his authority and undertakes to accept his decisions.

Rescuers and official doctors are in particular empowered:

- to inform the Race Director or his deputy any runner who is unable to continue the event
- to evacuate by any means the runners whom they judge to be in danger.
- to hospitalize the runners whose state of health will necessitate it.

The choice of the means of evacuation and the place of hospitalization is the sole decision of the rescuers and official doctors.

Each runner must remain on the marked trail. Any runner who voluntarily leaves the marked path is no longer under the responsibility of the Organization.

### **Article 13 Insurance:**

The Association has subscribed for the duration of the sporting events a civil liability insurance against third parties and runners, which implies that the damage suffered by the latter is caused by a fault of the Organization. In addition, a collective insurance covering each runner is taken out by the Organization.

The Association shall be liable for any discontinuance, disqualification for the time-out, by medical decision or other decision of the Race management (Article 19).

It is recommended that each runner take out an individual accident insurance covering the costs of search and evacuation.

Helicopter evacuations on the initiative of the runner, not granted by the medical regularization are paying. The choice of the evacuation depends exclusively on the organization, which will systematically favour the safety of the riders.

### **Article 14 Assistance provided by the organization during the event:**

The runner will only be able to benefit from this assistance at the rest and refreshment points provided by the Organization, mentioned in the road-book and on the website. The principle of these races is food self-sufficiency, however, almost all the posts (see list in the road-book and official website) are supplied with drinks and food of marathon type with hot meal on certain stations. Only runners with a visible and duly checked number have access to the checkpoints.

**Article 15 Personal assistance:**

Outside areas of tolerance clearly marked near the checkpoint, runners are prohibited from being accompanied or agreeing to be accompanied during the whole or part of the race by a person not participating in one of the races, it being reminded that personal assistance is not allowed on checkpoint set up by the Organization. This provision excludes any "flying" assistance such as "hare", accompanying persons, "water carriers" ...

The points forbidden to runners' assistance vehicles will be those mentioned in the "prefectoral" authorization order.

Only the spares bags entrusted to the Organization in connection with the race must be recovered by their owner at the latest 2 hours after the closing of the last race at the « Stade de La Redoute ». Beyond that, the runner will have to pick up his bag, at his own expense, no later than 48 hours after the closing of the races.

He will have to inquire with the Organization of the place and the schedules of recovery, failing which, they will be destroyed.

Only bags provided by the Organization will be sent to the designated points. Since the contents of the bags are not verified, no dispute about the content on arrival is admissible. It is recommended not to place valuables there.

In case of loss of the assistance bag during the events involving the Organization's liability, a lumpsum of 150,00 Euros will be allocated on request (not cumulative).

The repatriation delay is a function of the logistical constraints. The Organization can not guarantee complete repatriation of the bags before the end of the race.

The bags are given either to the runner or to relatives, exclusively on presentation of the race bib and an identity document.

**Article 16 Equipment:**

The equipment conditions the safety of the runner.

Therefore, each runner must be able to present the obligatory materials listed below during the event in which he participates:

**A) Mandatory:** in addition to wearing the front race bib, the wearing of the race bracelet provided by the organization, your personal bag on which the electronic chip must be affixed, delivered by the organization at the time of the race bib delivery non-exchangeable during the journey.

A bag of sufficient capacity to carry compulsory equipment consisting of the following:

- 1 headlamp or torch with spare batteries,
- 1 survival cover with a minimum dimension of 1.4m X 2m,
- 1 reserve of water of a minimum of one liter,
- 1 whistle,
- For « La Diagonale des Fous » and the « Trail de Bourbon », 2 adhesive elastic bands allowing to make a bandage or a strapping and 1 for the « Mascareignes » and the « Zembrocal Trail » by team member, with a minimum length of 2.50 m and from 6 to 8 cm in width,
- 1 constant and sufficient food reserve to connect the checkpoints,
- 1 waterproof raincoat with hood, and thermo-welded seams. (Minimum 10 000 Schmerber)
- 1 warm skin type "second skin" with long sleeve made of fabrics technic adapted to the environment,
- 1 cup per person (reusable)
- 1 piece of identification

**B)** The mandatory material listed above is a vital minimum, and we can advise you on the following material (non-exhaustive list):

- 1 mobile phone in working order to be reachable during the events,
- the Book log,
- A second headlamp or torch and spare batteries,
- 1 sweater,
- 1 lighter,
- 1 piece of string for repairs,
- 1 sunscreen,
- 1 tube of Vaseline,
- spare clothes,
- a minimum amount of money for possible repairs.

**C)** Any use of a stick of any kind is formally prohibited under penalty of penalties.

### **Article 17 Penalties and Disqualifications**

Race marshals present on the course and headmasters of the various checkpoints under the control of the Race Director or his assistant shall be entitled to enforce the rules and to immediately apply a penalty or disqualification in case of Non-compliance, as shown in the following table:

<b>Breach of rules</b>	<b>Penalties - Disqualification</b>
Failure to comply with Article 16	Leave to the discretion of the Race Direction
Lacking obligatory safety equipment (including bag).	Immediate disqualification
Race bib not regularly affixed (The race bib must be affixed in front and not on the bag).	15-Minute Penalty for Recidivism

Assistance outside authorized areas (as defined in Article 15)	1-hour penalty for recidivism
Throwing away rubbish by a competitor of a member of their assistance/team.	Immediate Disqualification
Not assisting a person in difficulty	Minimum penalty of one hour (in case of assistance to a person in difficulty, the race director will judge the sequences to be given)
Cheating (using a means of transport, sharing a race bib, ...)	Immediate disqualification for life
Other cheats (taking shortcuts, Absence of an anti-cheat mark, ...)	According to the appreciation of the direction of race
Lacking of an electronic microchip	As decided by the race jury
Lacking of passing at checkpoint	Immediate disqualification
Refusal doping control	Disqualification of the event with possible aggravation in case of positive control.
Use of stick	Penalty of one hour in addition to sanction of the National Park of Reunion
Non-respect of persons (organization or riders)	Immediate disqualification
Pointing beyond the closing time of a checkpoint	Disqualification (excluding race)
Presence on checkpoints beyond actual closure (regardless of the time of arrival at the checkpoint)	Disqualification
Refusal to be examined by the medical team during the event, Physical or mental state of the runner deemed unfit for the continuation of the event by the race director on the advice of a doctor	Disqualification
Non-compliance with Article 7	Penalty 15 minutes

Any oral or written statement before, during and after the sporting event with defamatory or offensive connotations may be sanctioned by the Steering Committee by an interdiction on taking part of one of the events for one or more years depending on the gravity of the Regardless of possible legal proceedings.

The penalties for the above breaches are cumulative.

**Article 18 :**  
Purposeless

**Article 19 Anti-drug control :**

Any competitor can be submitted to an anti-drug control before, during or at the end of a race. If he/she refuses or abstains the competitor is treated as if found guilty of taking drugs with immediate disqualification.

Any positive control will be sanctioned by the AFLD, without prejudice to other sanctions within the jurisdiction of the jury (Article 21).

**Article 20 Complaints:**

They will be admissible in writing within 60 minutes of the complete display of the provisional results.

They will be the subjects of a decision by the jury before the final results are posted.

**Article 21: Event Jury:**

It shall be composed of the President, the Vice President of the Grand Raid Association, the Clerk of the Course or a sports commissioner, the Deputy race Director, a representative of the National Park for opinion when the problem submitted to the jury concerns the environment, Any competent person whose presence is deemed useful by the jury.

The latter is empowered to rule within a period compatible with the requirements of the race on any dispute or disqualification, which occurred during the event after having duly heard the person concerned. Decisions are final. On completion of the examination of the claims presented in the form and the time limit provided for in Art. 20, the final results shall be proclaimed.

**Article 22 Photo, TV, Video and Rights Coverage:**

Any competitor expressly waives the right to the image during the event, as he waives all recourse against the organizer and his partners approved for the use of his image. Audio-visual professionals or photographers must obtain accreditation from the Organization. It is further understood that no image, photograph or video may be marketed to private partners or television channels of any kind without the express consent of the Grand Raid Association.

Furthermore, any competitor is informed that the registration to one of the races organized by the association is worth the acceptance of communication to their sponsors of e-mail addresses as included in his registration file.

**Article 23 Security and Assistance:**

They are provided by a network of control stations and health posts (medical and paramedical), Secouristes, PGHM, SAMU, controllers-signalers, Serre-Files teams ...

**Article 24 Enrolment fees:**

The amount of the registration fee per competitor is indicated on the website. These rights include all the elements listed in Articles 6, 11, 13, 14 & 15.

- In the event of cancellation of registration, refunds will be made in the manner indicated in the special conditions.

Any request for withdrawal must be made by e-mail or by post. No discontinuance is recorded by telephone.

- Medical certificates: Beyond the date indicated in the special terms, the file will be considered as obsolete, without raising or refund of the registration fees.

**Article 25 Rankings and rewards:**

A table of rewards is included in the book log and on the website.

In addition, all finishers receive a Tee shirt, a commemorative medal and a voucher for a meal. The diploma attesting to their performance can be downloaded.

**Article 26 Modification of the course:**

The Organization reserves the right at any time to modify the route and locations of checkpoints and / or rescue stations without prior notice.

In the event of force majeure (especially in the event of bad weather and for safety reasons), the Organization reserves the right to stop the current event or to modify the time barriers.

**Article 27 Closing of registrations:**

Registrations will be closed no later than the date appearing on the website unless the expected quotas are reached before. The number of registrants is fixed each year by the Association's Executive Committee with mention on the website.

**Article 28 Cancellation of events:**

In case of cancellation of the events:

- On the initiative of the Organization, the Association the Grand Raid will refund to the competitors the amount of their registration in the proportion to the progress of the preparations of the events.
- In the event of force majeure (exceptional inclement weather, volcanic eruption, administrative prohibition or any event likely, irresistible, insurmountable) the amount of the inscriptions will remain to the Association.